

My CPAP Equipment Maintenance Checklist

It's important to keep your CPAP equipment in top shape. Use this from to track information about your CPAP equipment.

My CPAP unit

Model _____

Serial number _____

Date purchased/ received _____

Supplier's name & phone number:

My CPAP pressure prescription: _____ cm H2O

The date my doctor last changed my pressure prescription:

Dates my CPAP unit was serviced

1. _____

2. _____

3. _____

4. _____

Filters

Clean or replace your CPAP filter every 2 months or as needed. You can record the date of your filter changes on the back of this paper, or just write the date of your last filter

cleaning on a piece of masking tape, and stick it o the machine.

My CPAP mask

Model and size _____

Date I first purchased a mask _____

Mask supplier's name & phone number:

Dates I replaced my mask

(doctors recommend you replace your mask every year)

1. _____
2. _____
3. _____
4. _____

This checklist supplied by the Canadian Lung Association.

For more information on sleep apnea and CPAP treatment, contact the Lung Association:

- ♦ Visit our website at www.lung.ca/sleepapnea or
- ♦ Call us toll-free t 1-888-566-LUNG (5864).