MANAGING COPD DURING COVID-19

I HAVE MY REGULAR PRESCRIPTION.
- Continue to take your regular maintenance controller medication as prescribed.
- Ensure you have a one-month supply of your COPD medication and keep track of your supply. Give yourself enough time to refill.
- Consider having the pharmacy or a caregiver deliver your medication to you, so you can continue to stay at home.
- Don’t stock up on salbutamol or other inhalers if you do not need them.
- Expect to only receive a one-month supply when you go for a refill.
- Carefully track doses left in your salbutamol inhaler by dose counting.
- Use all of the salbutamol inhalers you have available before refilling. Use ones with earliest expiry first.

I ONLY HAVE ACCESS TO EXPIRED PRESCRIPTIONS.
- Don’t discard your medications (expired within the last 6 months) until you obtain a new one.
- If you use expired (in the last 6 months) reliever inhaler, it may be less potent. Be sure to seek medical attention if you do not feel relief.
- Use a Diskus inhaler even if it has been removed from the wrapper more than 60 days ago.

I CAN’T GET A REFILL FOR MY REGULAR PRESCRIPTIONS.
- Talk to your regular healthcare provider and ask if a substitute prescription is available.


The Canadian Lung Association is here for you.
For more information about COVID-19 visit www.lung.ca/covid19.

WWW.LUNG.CA/COVID19